

ISSUE HIGHLIGHTS

Why Straighten Teeth?

Private Concert

Tips for Better Orthodontic Care

Myth vs. Fact about Braces

Smiles

Good Luck Jaime!

FACEBOOK Page

WE ARE HERE TO SERVE YOU!

- Creating beautiful smiles for children and adults
- Providing treatments to correct crowded or mis-aligned teeth
- Closing the spacing between teeth
- Eliminate Overbite/ Underbite
- Correcting crossbite
- Starting early intervention for children
- Offering preventative programs
- Starting early intervention for children
- Using both clear and traditional braces
- As an Invisalign® Premier Preferred Provider

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The Smile News



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Why Straighten Teeth?

Everyone loves the appearance of a beautiful smile. But there are a lot of health benefits from straight teeth. Actually, there are so many benefits that an attractive smile can actually be just a pleasant “side effect” of orthodontic treatment.

People with straight teeth can bite, chew and speak more effectively. Properly aligned teeth and jaws not only contribute to healthier teeth and gums, they may even alleviate or prevent physical health problems such as some TMJ cases, sinus relief and in some cases, possibly even snoring. So, teeth that work better tend to look better. An attractive smile contributes to your self-confidence and your self-image, which are important qualities at any age.

With over 15 years of orthodontic experience, Dr. Yang welcomes new patients to enjoy the benefits of healthy, straightened teeth.



With the health benefits, a pleasing appearance and more self-confidence, orthodontic treatment gives people a lot to be happy about.

Let Dr. Yang’s expertise make you smile.

Be a P-5 Winner!

PERFECT ORAL HYGIENE

If you receive a “5” on your oral hygiene check up card from Dr. Yang on the day of your visit, you are automatically entered into our monthly contest for a “Grand Prize”.

Previous winners include:

- *Emily C.
- *Kaustab K.
- *Devyn F.



We proudly promote the Braun Oral B

Triumph Toothbrush.

Ask us about it!



Dr. Yang’s Private Concert

On Valentines' Day Dr. Yang and the staff had the pleasure of listening to a lovely singing telegram. The quartet was made up of patients and their friends. A special thanks to Laurie and Sharon.

Ladies, you did a fantastic job!

Happy Birthday Dr. Yang

On April 16th the staff surprised Dr. Yang with a birthday breakfast. Lots of fun was had by all!



Some of the New Faces

in Braces:

Jessica F.

Star-Simone M.

Coral C.

Parankush B.

Taylor B.

Jacob B.

Brian B.

Holly W.

More New Invisalign®

Smiles

Doreen R.

Shawanda G.

Miyvette G.

Clayton M.

Jose. A.

Some New Smiling Faces:

Christopher N.

Omar E.

Ariel E.

Aliethia E.

Timothy W.



You can now find us on Facebook! Check us out and hit the "Like" button to become a fan.

Also, don't forget to visit our website www.smilingyangs.com.

Running late for your Appt?

Please call and let us know.
954-472-5500



Tips for Better Orthodontic Care

1. Getting the best orthodontic result within the estimated time depends upon the patient's cooperation. Take proper care of the appliance, follow instructions and keep all appointments.

2. Because of the delicacy of the wires, chewing gum and eating hard or sticky foods must be avoided. In order to reduce cavities, stay away from sweets or anything high in sugar content.

3. Brush or clean your teeth and gums after every meal or snack. Be careful to brush as instructed.

Check with a mirror to be sure no food is left around the teeth or gums.

4. If anything appears to go wrong, if something is loose, breaks or pokes into your lips, tongue or gums, call the office for an emergency visit. Please do not wait until your regular visit to let us know. In the meantime, if a sharp edge is sticking you put some wax or cotton over it and you'll be comfortable until we can adjust the damage. Bring any loose bands or wires at your emergency visit.

5. Initial insertion of the orthodontic appliance will

usually cause discomfort for a few days. You may complain about general soreness of the mouth. The discomfort can be relieved by rinsing the mouth with a warm salt solution (one teaspoon of salt in half a glass of warm tap water) before and after meals and before bedtime. Aspirin or Tylenol may be taken every four hours if tenderness is severe. This will be the most severe discomfort experienced. Have no fear about future adjustments since tenderness will be mild compared to the initial insertion of the braces.

Myth vs. Fact about Braces

MYTH: Braces only work for extremely challenging cases

FACT: *Dr. Yang welcomes all patients that wish to improve their smile no matter how challenging the case may be*

MYTH: A general dentist can straighten teeth

FACT: *Dr. Yang has 6 years of specialized training beyond dental school and is a specialist at straightening teeth and ensuring proper form and function. Your dentist may not have the*

specialized training that an orthodontist does.

MYTH: Braces are for kids.

FACT: *Over 30% of Dr. Yang's patients are adults.*

MYTH: If there was a giant, overhead magnet and someone flipped a switch, people wearing braces would fly out of their chairs and stick to the ceiling.

FACT: *Unlikely, as braces are made from non-magnetic materials.*

MYTH: Braces are painful and take two or more years for the desired result.

FACT: *After the adjustment period, like breaking in a new pair of shoes, braces are comfortable. Some may be worn for months, not years.*

MYTH: Any dentist may join the American Association of Orthodontists

FACT: *Only orthodontists who have successfully completed an accredited orthodontic program can join the American Association of Orthodontists.*

Good Luck Jaime

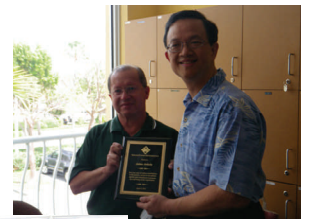
After 9 years as a valued member of the SmilingYangs Orthodontics team, our Jaime has decided to retire from the challenging world of orthodontics.

Jaime has been an outstanding valued team member whose dedication and attention to details has not gone un-noticed

Jaime, we wish you well on your next adventure and please know you will be sorely missed.

Best of luck Jaime!

-Dr. Yang and the team



*Some references from the AAO