



August - September, 2010

From the desk of Dr. Yang



What would the Egyptians and Greeks say if they could see all the technological advances in Orthodontics? Advances such as digital X-rays and photographs to design a treatment plan according to your needs. Materials such as nickel-titanium, and heat-activated, memory wires. You can choose to have colored braces, clear braces and Invisalign®.

How do you benefit from this technology? Less discomfort, smaller and less visible appliances, shorter period of treatment and great results.

We've come a long way from the "tin grin" or "metal mouth". And that's something we can all smile about!

Before and After

Even ancient people wanted straight teeth.

The history of dental braces or orthodontics is very complex. It begins with the discovery of ancient mummies with crude metal bands wrapped around their teeth.

But it was not until 400-500 BC when the Greek physician Hippocrates and the philosopher Aristotle both considered a variety of methods to improve most dental conditions, like teeth straightening.

Many different inventors helped to create braces. Some of these writers and inventors are:

* Pierre Fauchard, who in 1728 published a book with an entire chapter on ways to straighten teeth.



* Norman W. Kingsley (1880), a dentist, writer, artist, and sculptor, wrote his "Treatise on Oral Deformities" that influenced the new dental science greatly.

* The dentist J. N. Farrar, was the first to suggest the use of mild force to move teeth and designed brace appliances.

* The French dentist Bourdet, (1957) wrote a book called "The Dentist's Art" with a chapter on tooth alignment and using appliances in the mouth.

Dr. Edward H. Angle is considered the real father of the modern Orthodontics. Dr. Angle created a classification system for improper bites (malocclusions) that is still in use today. He is also the founder of the first School of Orthodontia.

The first orthodontists in the early 1900's used a variety of materials such as gold, silver, steel and even wood and ivory to make hooks and loops.

Today, orthodontists use materials such as nickel-titanium, and heat-activated, memory wires.

What do you think will be the future of Orthodontics?

New Faces in Braces

Watsonie D.
Tanisha H.
Sandy V.
Riley D.
Caroline S.
Natasha G.
Edward F.
Dincer O.
Sofia V.
Chyi-Vei K.
Kaitlyn C.
Selena R.
Rosa B.
Sherly J.
Jack V.
Reveleno B.
Ricardo F.
Lee A.
Latoya S.
Macsaud A.
Darius J.
Stephen S.
Bert V.
Marcelique
W.
Kaitlynn K.
Lindsay N.
Juwana B.
Jada H.

Invisalign®
Phillip G.
Marta R.
Briauna W.

New Smiling Faces

Marina A.

Contests

We started the summer with our **Teen Invisalign® Party**



What a fantastic evening!!! Patients and guests learned about Invisalign®, received a complimentary consult with Dr. Yang and his treatment coordinators, Veronica and Linda. But the most fun was the raffle... A bicycle!!!

Congratulations to teen winner **Dionjane Childs**.

Mothers' Day Celebration

On May 26, we celebrated Mothers' Day with a lovely afternoon of entertainment, refreshments, and relaxation. Guests received a complimentary massage offered by *Contour Day Spa*.

We had a wonderful raffle with incredible prizes, including a \$200 gift certificate from Contour Day Spa, and 3 Crest Whitening Strips.

Crest winners are: **Rina DeMott, Beverly Keeve and Melissa McFarlane**.

Congratulations to **Michelle Polan** who won the \$200 gift certificate from Contour Day Spa.

Thanks **Leslye**, massage therapist at *Contour Day Spa* for donating your time and expertise!

From SmilingYang's Staff

Condolences

We extend our heartfelt condolences to our patients and their loved ones:

Brett Shannon- For the loss of grandparent.

Lourdes Jimenez - For the loss her brother.

Maribel Medina - For the loss of her grandfather.

We also thank you for your wishes and condolences to Dr. Yang on the passing of his father.

Congratulations!

- To **Isabella**, Linda Visca's five-year old daughter who graduated from VPK.
- To **Christopher Nuñez**, Allison's son, for winning 3rd place in the Tampa Wood Bat Tournament and 2nd place in the Pensacola Wood Bat Tournament.
- To **William Fromen**, Marian's son, on his graduation from High School.



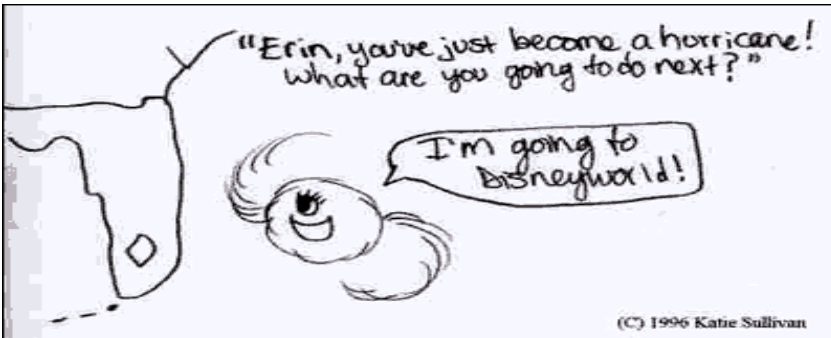
Are you ready for *HURRICANE SEASON?*



Hurricanes are severe tropical storms that form in the southern Atlantic Ocean, Caribbean Sea, Gulf of Mexico, and in the eastern Pacific Ocean. Hurricanes gather heat and energy through contact with warm ocean waters. Evaporation from the seawater increases their power. Hurricanes rotate in a counter-clockwise direction around an "eye" and have winds of at least 74 miles per hour. In land the heavy rain, strong winds and heavy waves can damage buildings, trees and cars. The heavy waves are called a storm surges. Storm surges are very dangerous.

Hurricane season: June 1st - November 30th

For more information about hurricanes, visit [www. Fema.gov/kids](http://www.Fema.gov/kids) or www. NOAA.org



2010 Hurricane Names:

Alex	Hermine	Otto
Bonnie	Igor	Paula
Colin	Julia	Richard
Danielle	Karl	Shary
Earl	Lisa	Tomas
Fiona	Matthew	Virginie
Gaston	Nicole	Walter

In case of a hurricane you may not be able to contact us. Here are some quick fixes for orthodontic emergencies.

- **Sore teeth:** You may take acetaminophen or other non-aspirin pain relievers. A warm wash cloth, heating pad or warm salt water rinses may reduce the soreness in your jaws.
- **Poking wires:** Use a cotton swab or eraser to move the wire away from the irritated area. If the wire does not move, cover the end of it with a small piece of cotton or a small amount of wax. If the wire is painful, you can cut it with nail clippers that have been washed and sterilized in alcohol.
- **Loose or broken brackets or bands:** If the bracket or band is attached to the wire, leave it and cover it with wax if needed for comfort. If the bracket comes out completely from the wire, cut or slide the bracket off the wire with nail clippers that have been washed and sterilized in alcohol . Do not attach elastics or headgear appliances to a loose band.
- **Wires out of tube or slot:** Try placing the wire back in the tube using tweezers or cover the wire with wax until you can come for an appointment.

REMEMBER: Call our office after the emergency to schedule a repair appointment.

To learn more you can visit our website at: www.smilingyangs.com or email us at: info@smilingyangs.com

Happy Birthday!

To Marian, Mel, Verónica and Luis

Welcome Babies!

SmilingYangs families welcomed the arrival of their babies:
Mabel Perez - A new baby brother born March 20

Thank you! To the Saldarriaga Family for bringing in Dunkin' Doughnut for the office!

Moving Forward With *Trained Technologies*

Our talented staff is continuously pursuing opportunities to improve their knowledge and skills:

- In May, *Dr. Yang* achieved the level of clinical training and experience in treating patients with the Invisalign® system.
- Seminar with *Dr. Tamir Segal* - *Dr. Segal* educated the staff in the causes off periodontal diseases (Also known as gum disease) its symptoms and treatments. We learned how orthodontic treatment can reduce the risk of gum disease, tooth decay and tooth loss while boosting self-esteem and overall oral health.
- May 7th - *Allison, Linda, Veronica and Gwen* continued their education with the course “Align Technology: “Staff Integration””.
- May 14th - We all attended a wonderful seminar offered by *Dr. Mitchell Josephs*, where we learned about social networking. Soon we will be launching our own Facebook Fan Page and much more!
- May 25th - We had a “lunch and learn” with *Edgar Rivera* from Crest (Oral B-Toothbrush). With the tools acquired from this training, we are ready to launch our new “We Care” Oral Care Program.
- Thank you, *Robert Cheney*, from Align Technologies, for always keeping us “up-to-date”.



CALENDAR OF EVENTS

Are you ready to go **BACK TO SCHOOL?** At **SmilingYangs** we are getting ready.

Join us for our **Back To School** celebration on September 15th from 4pm to 7pm.

You could be the winner of a Backpack full with school supplies plus other prizes and surprises!!!

To RSVP please contact Linda at (954) 472-5500 or email at: info@smilingyangs.com

We are looking for good news

Share your anecdotes, funny jokes, yummy recipes or any other special events in your life.

Contact us at info@smilingyangs.com.



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