



Welcome to SmilingYangs Orthodontics, a premier provider of Orthodontic care in our community, located in Plantation, Florida. Our practice's top priority is to provide you the highest quality orthodontics in a friendly, comfortable environment. Dr. Yang and his staff utilize the latest technological advances in the industry such as: ceramic braces, Invisalign®, and the most up-to-date in computer technology (digital imaging and radiography) to ensure that you receive the most effective care and beautiful smile possible.

James T. Yang BDS, DDS, DMSc, is a Board Certified Orthodontist and an active member of American Dental Association, American Association of Orthodontists, Florida Dental Association, Atlantic Coast Dental Association, Southern Association of Orthodontists, and Florida Association of Orthodontists.



# SMILINGYANGS ORTHODONTICS

— State-of-the-art orthodontics for smiles of all ages —

## *Back to School*

As summer comes to a close, we can all look back and reminisce on all the wonderful moments we had during the long summer break from school. It's so nice to look back on time well spent at the beach, swimming pool, water parks, museums, and theme parks. Now its time to put that aside and get into gear by focusing on school and hitting the books! Being in school requires a lot of time and commitment.

While you're there, make good choices where your teeth are concerned. For those of you that wear elastics, don't forget to keep a pack with you so that if they pop or break, or they get removed at lunch, they can be replaced immediately.

- If a bracket or a wire becomes lose or broken, call the office to let us know.
- Reserve your appointments carefully around your after school activities to avoid cancellations or broken appointments.
- To avoid breaking your braces or retainers, keep from chewing on pencils or pens while your teachers are lecturing.
- Be very careful not to eat foods that can cause damage to your braces! This means avoiding foods that are very hard, sticky, or chewy throughout the day.



## *New Guessing Contest!*

Every season we promote a fun and exciting contest for our patients! We try to ensure that time spent here in the office is memorable as we continue creating a masterpiece in their mouth! Now on display in our office is a large jar containing bags of elastics that our patients use to correct their bite. Our latest contest calls for guessing how many bags of elastics are in the jar. The winner will receive an Oral-B electric toothbrush and will be announced in the next issue.

Our summer contest consisted of guessing how many seashells were in the bowl. Winners Brandon Nunez (*shown standing in front of Dr. Yang*) and Angela Mercado (*fourth from right*) both guessed the exact amount of 510 seashells and each won an Oral-B electric toothbrush. It's amazing to see how involved everyone gets while participating in all of our fun activities! Who knew that coming to the orthodontist could be so much fun!

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# Greening the Dental Office



Everywhere you turn you see the impact that “Going Green” is making. These positive changes have been made at the local grocery stores with reusable cloth grocery bags, and many people are switching to reusable water bottles instead of throwaways. It’s great that everyone is making an effort to “go green!”

It’s time to jump on the bandwagon and also integrate earth-friendly habits into the work place. Dental offices that “go green” increases their appeal to current and prospective patients alike. Implementing green strategies within the office can also save significant amounts of money. Imagine all the waste we can avoid ending up in a landfill. Saving money and saving the planet all in one shot!

Here are some “greenings” that we have implemented in our office:

- Using digital radiology instead of film-based x-rays.
- Using eco-friendly cleaning products in the office.
- Using steam sterilization.
- Replacing plastic bibs with cotton ones.
- Switching to digital charting.
- Using electronic technologies like e-mail for newsletters, instead of printing and mailing.
- Recycling ink jet and laser cartridges.
- Reminding patients to turn off the tap while brushing their teeth. This can save 5 gallons of water every time you brush.

## Fabulous Fruit Smoothies

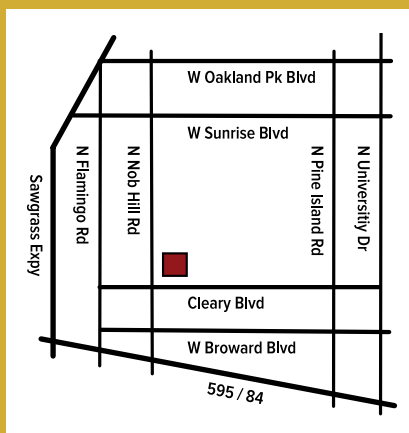
These healthy fruit smoothies can be enjoyed any time and by everybody even those who wear braces. Grab one for a quick and easy breakfast or whip up a batch for a refreshing afternoon snack. Makes 2 servings.

Ingredients:

- 2 bananas
- 1 cup milk
- 1 cup other fruit (raspberries, blueberries, strawberries, mandarin oranges, etc., fresh or thawed from frozen)
- 2 Tbs. protein powder (optional)

Directions:

- Cut bananas into 1 inch slices
- Add all ingredients to a blender
- Mix for 10 seconds on a low setting



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10189 Cleary Boulevard | Suite 201  
Plantation, FL 33324

*The office is conveniently located in the Promenade Publix Shopping Center at the northeast corner of Nob Hill Road and Cleary Blvd. We are in a freestanding 2 story building in the corner of the parking lot.*



## Congratulations to...

- Kamal Gray for attending school in Chicago
- Daniel Heim who will be joining the Air Force.
- Matthew Yang for receiving multiple awards at the Awards Assembly at North Broward Preparatory School and Lighthouse Point Academy.
- The Cumanale family for the birth of Joseph Paul born on July 22, 2009.
- Christopher Nunez for making the Sunrise 12 & under Baseball Travel Team.
- The following patients who've had their braces removed in June & July:

Malik Abel  
Benjamin Ankus  
Leonardo Antelo  
Alexander Bahta  
Beverly Bailey  
Dominick Bryan  
Yashica Burgess  
Amalena Caldwell  
Allison Cary  
Emily Chan  
Janelle Chiang  
Amanda Chung  
Austin Consaul  
Leren Corbin  
Tiffany Cox  
Andrew Durham  
Danielle Elalouf  
Jasmine Elmasry  
Victoria Ford  
Adriano Froes  
John Gibbs  
Hannah Gonzales  
Christopher Guerra  
Ashley Hales  
Vivian Hsu

Sophia Ip  
Nicholas Khayata  
Nicholas Khayata  
Juliana Lawson  
Travis Le  
Daniel Lerner  
Brian Lu  
Patrick Moroney  
Viviana Novoa  
Theresa Petrus  
Emily Phillips  
John Rabe  
Grace Riccio  
Michelle Roth  
Aimee Scheick  
Dezmond Stewart  
Alexis Thompson  
Christine Tu  
Alejandro Verbiest  
Danette Viso  
Margaret Waite  
Symantha Wordsworth  
Charles Yeh  
Ashley Young  
Daniel Young

## Wishing a Speedy Recovery to...

- Veronica Revelo and Jaime Artieda's mother.
- John Yulfo's mother.
- Jaime Artieda

## Our Condolences to...

- Wesley Bailey upon the passing of his father.
- Karina Curto upon the death in the family.
- Maritza Dela-Cruz upon the passing of her mother.
- Cody Friedman upon the passing of her father.
- Chantel Lawrence upon the passing of her brother.
- Cary Medina upon the passing of her cousin.
- Sunny Musgrave upon the death in the family.
- Theresa Petrus upon the passing of her mother.
- Linda Visca upon the passing of her stepfather, Gil Farley.
- Inanda Williams upon the passing of her sister and her aunt.

*Our thoughts are with you and your family.*

## "Care Enough to Share"

"Care Enough to Share" is a new rewards program we are promoting that gives patients an opportunity to share insights with their friends and family about the wonderful care they have received here at SmilingYangs Orthodontics

"Care Enough to Share" referral cards are given to patients, which they can pass along to acquaintances. When a prospective patient comes in for a complimentary consultation and presents the card telling us who referred them, they will receive \$300 off the treatment fee, if started at the initial visit. You will receive a cash award. Call us for more details. We are very grateful to our patients who "care enough to share" their great experiences from our office.

## For Your Dental Health

Our office is now carrying the latest electric toothbrush from Oral-B. The Smart Guides quadrant timer prompts you to change quadrants after 30 seconds, which helps you to brush thoroughly across all 4 areas of your mouth. It's the best thing for good dental health. Come in and pick one up!



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